

Table 1. Data analysis process

Step	Action
Step 1: Familiarizing with data	The best way of immersing self in the data is through the transcription process. ²³ Accordingly, after each interview was transcribed into written form by the primary researcher. The primary researcher listened to each interview record three times to confirm the accuracy of the transcripts. All transcripts were read at least twice before moving to the next step of data analysis.
Step 2: Generating initial codes	All transcript content was divided into sections, paragraphs, and sentences, then extracted and grouped in Microsoft Word tables. Every section of extracted data was coded with at least one short phrase.
Step 3: Searching for themes	The primary researcher listed all codes on a Microsoft Word Document. Similar codes were grouped and collated to form meaningful units. The meaningful units which presented same or similar concepts were grouped into sub-themes. Sub-themes were then further grouped into preliminary themes.
Step 4: Reviewing themes	The preliminary themes, sub-themes and meaningful units were reviewed, discussed, and modified during regular team meetings with all researchers involved in this study to ensure data supported each theme and the themes represented the context of the whole dataset.
Step 5: Defining and naming themes	Finally, three themes were constructed and agreed within the research team.
Step 6: Producing the report	This study was reported following COREQ guidelines. Pseudonyms were assigned to the participants when reporting the findings.

Table 2. Trustworthiness judgement following the explanation of Guba and Lincoln's criteria⁴⁴

Criteria	Criteria Characteristic
Credibility	The qualifications, research experiences and backgrounds of the research team members ensured the credibility of the study. This research team was comprised of clinical nurse consultants with many years of experience of running nurse-led clinics and an experienced qualitative researcher.
Auditability	The auditability was assured through regular research meetings and discussions.
Fittingness	All the interview transcripts were sent back to the participants to review and seek clarification, and to consider the fittingness.
Confirmability	Confirmability was verified through reviewing and editing the findings of the study multiple times by all researchers involved in this research.