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**ENSURE COMPLIANCE WITH INSTRUCTIONS TO AUTHORS**

**Title (Maximum 14 words)**

**(Adjust headings below as necessary based manuscript type)**

**ABSTRACT (Maximum 400 words)**

**Objective:** XX

**Background:** XX

**Study design and methods:** XX

**Results:** XX

**Conclusion:** XX

**Implications for research, policy, and practice:** XX

**What is already known about the topic? (Maximum three dot points. Maximum 40 words each.)**

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**What this paper adds (Maximum three dot points. Maximum 40 words each.)**

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**Keywords:** Keyword; Keyword; Keyword; Keyword; Keyword; Keyword (Up to six ideally Medical Subject Headings (MeSH))

**MAIN BODY**

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**Objective**

XX (Ensure references are cited as superscripted numerals following punctuation. For example.1)

**Background**

XX

***Third Level Heading***

XX

*Fourth Level Heading*

XX

*Fifth Level Heading*

XX

**Study Design and Methods**

XX

**Results**

XX

**Table 1:** Table heading

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|  |  |  |

**Figure 1:** Figure heading

**Discussion**

XX

**Conclusion**

XX

**Implications for research, policy, and practice**

XX

**References** (Ensure compliance with journal referencing style requirements)

1. Surname INITIALS, Surname INITIALS, Surname INITIALS. Title. *Abbreviated journal name*. Year; Volume(Issue): Pages. Available from: https://doi.org/xxxx
2. Organisation. Title. Publisher. Year. [cited YEAR MON DAY]. Available from: url.