

Supplementary information: rapid response team members

At this large adult metropolitan teaching hospital, there are two types of rapid response teams, a “MET” (lower acuity) and a “CODE BLUE” (higher acuity). The difference in the staff that respond and the calling criteria for each response are shown below.

	Medical Emergency Team (MET)	CODE BLUE Team
Staff	x1 ICU CCRN x1 – 2 RMOs -from medical or surgical or MET x2 Intern	x1 ICU Registrar x2 ICU CCRN x1 – 2 RMOs -from medical or surgical or MET x2 Intern x1 Orderly
Calling criteria	RR > 30 breaths/min, or ≤ 7 breaths/min O ₂ saturation <89% SBP ≥ 200mmHg, or <90mmHg Pulse ≥ 140 beats/min, or <40 beats/min Sedation score 3 (difficult to rouse) Unexpected or uncontrolled seizure Any patient about who you are worried about Any observations in the purple zone 3 or more observations in the red zone Unattended multi-disciplinary team review (>30 min)	Cardiac/ respiratory arrest: actual or impending Threatened airway Significant bleeding

Terms

ICU CCRN: intensive care unit critical care registered nurse, a nurse from ICU who has post-graduate qualifications in critical care and/ or ICU.

ICU Registrar: a medical officer who is currently working within the intensive care unit and has obtained specialist qualifications in ICU and/ or anaesthesia and has advanced airway skills.

Intern: is an employee who has graduated from an accredited school of medicine and has been granted provisional registration, post-graduate year (PGY) 1.

Min: minutes

Orderly: an attendant in a hospital responsible for the non-medical care of patients, attends on a CODE BLUE to assist with patient transport.

RMO: registered medical officer, is a PGY 2 or greater.

RR: respiratory rate

SBP: systolic blood pressure